



**K2uAfrica.com**

# K2U INSTANT COFFEE



**Good Morning**



QuotesBlog.net



# INGREDIENTS OF K2U INSTANT COFFEE



- ARABICA COFFEE
- MACA EXTRACT
- GANODERMA EXTRACT
- GINSENG EXTRACT
- NON - DAIRY CREAMER
- GLUCOSE SYRUP





# 1. ARABICA COFFEE.



- Understanding these health benefits can help coffee-drinkers appreciate more than just the taste of their next cup of coffee.
- Reduced Risk of Type 2 Diabetes. ...
- Reduced Risk of Heart Disease. ...
- Lower Skin Cancer Risk. ...
- Lower Cancer Risk in General. ...
- Lower Risk of Parkinson's Disease. ...
- Live Longer..
- No calories, loaded with antioxidants.
- A great way to stay hydrated





## 2. MACA EXTRACT. [ PERUVIAN PLANT ]



- There is a range of potential benefits of maca root, including:
- Increasing libido. Studies suggest that maca root may help increase libido. ...
- Reducing erectile dysfunction. ...
- Boosting energy and endurance. ...
- Increasing fertility. ...
- Improving mood. ...
- Reducing blood pressure. ...
- Reducing sun damage. ...
- Fighting free radicals



# 3. GANODERMA -KING OF MUSHROOM



- Interestingly, the reishi mushroom is particularly popular. It has a variety of potential health benefits, including boosting the immune system and fighting cancer.

...

## Benefits of Ganoderma [Reishi Mushroom]

- Boost the Immune System. ...
- Anti-Cancer Properties. ...
- Could Fight Fatigue and Depression





# 3. GINSENG EXTRACT



- Here are evidence-based health benefits of ginseng.
- Potent Antioxidant That May Reduce Inflammation. ...
- May Benefit Brain Function. ...
- Could Improve Erectile Dysfunction. ...
- May Boost the Immune System. ...
- May Have Potential Benefits Against Cancer. ...
- May Fight Tiredness and Increase Energy Levels. ...
- Could Lower Blood Sugar



# K2U INSTANT COFFEE

*Good Morning*



**A bad day with  
coffee is better  
than a good day  
without it.**

GH

